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- Oral cancer attacks 3 times as many people as cervical cancer.
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¹New England Journal of Medicine; May 10, 2007

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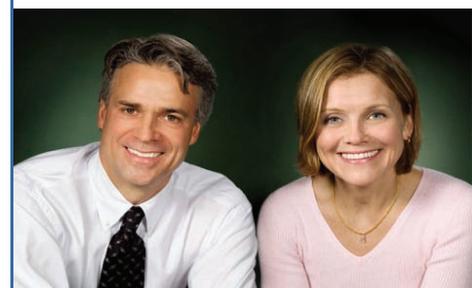
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The bottom line and heart of the matter

Today's teenagers wear savvy fashion sense on autumn sleeves

By Karie Angell Luc
Special to *Pioneer Press*

What's the bottom line on the bottom hem and other trends for teen clothing?

Of course, jeans are always in. The denim look now is 1980s skinny jeans with no 1970s elephant bell-bottoms.

"I think fashion is their way of expressing themselves and fitting in with their peers," says Stacy Simpson of Northbrook, the mother of two teenage girls: Emily, 16, and Harper, 13. Simpson is co-originator of The Party Dress Project: a charity that offers gently used party wear at an affordable price to local teens.

"If you're creative, it doesn't have to cost a lot of money to put together a cute outfit that's hip, stylish, fashionable and trendy."

Simpson is most certainly a mom in the know. Also stylish, Simpson offers practical observations about what's in and what's not.

"Western riding boots are going to be very popular, according to what the catalogs are showing," Simpson says. "I think 1980s sunglasses are big this year. Also large-sized scarves and, of course, T-shirts, which are always in."

"A jewelry trend is enamelware, like what our grandmothers wore," she adds. "Those big flowers with brightly-colored enamel."

Jill Carlisle, owner of Northbrook's La De Da! boutique, is the mom of two children: Charlie, 16, and Janie, 19.

"My goal is to help my young customers develop their own personal style," Carlisle says. "The average 14-17-year-old young woman in today's world is much more aware of fashion and trends than prior generations due to the media explosion."

"There is nothing more beautiful than watching a confident young woman enter a room; that confidence is what I want to help them achieve."

- Jill Carlisle, owner,
La De Da! boutique in Northbrook

"She must sort through what is age appropriate and parent appropriate while searching to find her look," she says.

Today's teenage girls have oodles of choices. Carlisle agrees with Simpson that vintage enamel jewelry is a big fall trend. Chartreuse and neon pink colors adorn floral couture,

Carlisle says.

Other Carlisle recommended must-haves include studded jeans, handbags and shoes. The chunky double zip satchel is popular and practical, including scarves and headbands to top off the fall look.

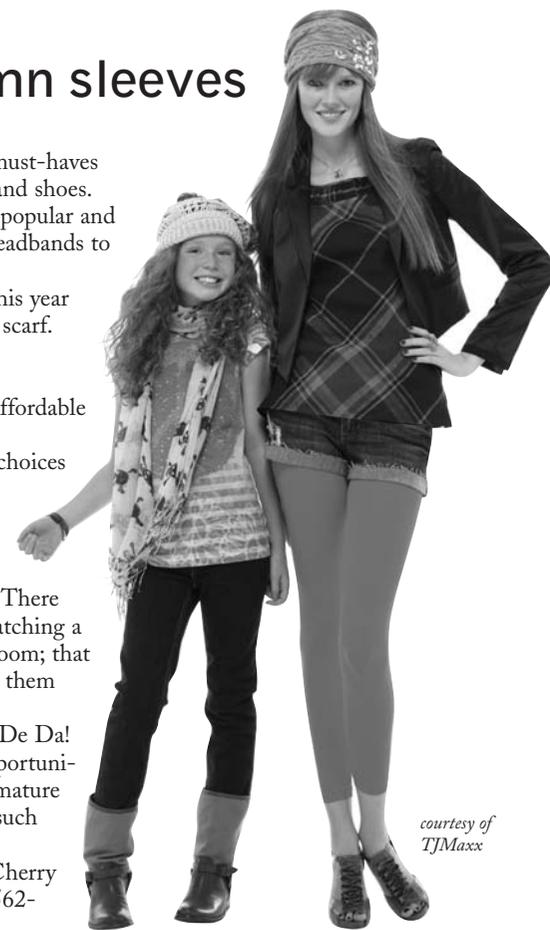
La De Da!'s sellout accessory this year was her rainbow-hued peace sign scarf. Wide enough to double as a shoulder wrap, the peace scarf offered ultra-thin material at an affordable price.

Teens are now making buying choices independent of parents.

"Feeling confident in her choices will allow her to develop a fashion sense that she is comfortable with," Carlisle says. "There is nothing more beautiful than watching a confident young woman enter a room; that confidence is what I want to help them achieve."

"In the past four years that La De Da! has been open, I have had the opportunity to watch many young women mature and grow," she says. "It gives me such joy."

La De Da! is located at 1957 Cherry Lane in Northbrook. Call (847) 562-1170. • PP



courtesy of
TJMmaxx

Sassy style

By Brett Marlow
Special to *Pioneer Press*

First came the Tupperware parties, then jewelry parties and even sex toy parties. Now one celebrity stylist is bringing her extensive knowledge and fashion expertise to homes throughout the country for a reasonable price.

Amy Salinger, a fashion stylist and personal shopper who has styled for TV shows such as TLC's *What Not To Wear* and *The Oprah Winfrey Show*, is bringing her Sass N Style workshops to ladies across the country who may need help deciding what looks work best for them and their body types.

The goal, Salinger says, is to provide women with recession-proof style tips by utilizing existing items in their wardrobe and outlining other reasonably priced additions that will spice up and spruce up their looks. Her motto is: "Use what you have; buy what you need."

Salinger says the workshop is a woman's own personal episode of *What Not To Wear*. Forget about the application process and secret footage; Salinger comes to you.

The workshops, which Salinger has recently been doing in New York City, Columbus, Ohio and Chicago, last about

an hour-and-a-half to two hours. Salinger encourages girlfriends to get together and let her do all the styling. While she may be a New York City stylist, don't feel intimidated. The workshops are informal, fun and full of fashion.

Salinger encourages the women to bring an item of clothing that either confuses them or they adore so she can help answer questions on how to add more sass and class to their own individual looks.

"When I answer their styling questions about that one piece of clothing, inevitably there's at least one to two other women who I've answered a question for as well," Salinger says.

Hostesses of Salinger's workshops receive a 15 percent discount on initial services for a gathering of more than 10 women and other perks such as a closet consultation. For \$25 a person, women can ask Salinger questions about their clothes, style and look. Attendees also receive a 12-page booklet to help them with their style. Salinger says the workshops are great for bigger groups of women, too, such as women's networking groups and alumni associations.

To have Salinger assist you and your girlfriends with your style or to find out more information, visit her Web site at www.amysalinger.net and read her Sass N Style blog at www.sassnstyle.com. • PP



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Eclectic, vibrant fall accessories

By Tracy Evans
Special to *Pioneer Press*

Spice up your wardrobe with a few fashion-forward accessory trends. Let your personal style shine through with this season's bold mix-and-match statements, and blend vintage with modern for a no fail look.

Layer It On

"Nothing matches anymore," say Heide Kogan of Cy Fredrics Jewelers in Glenview. "You can mix it up and make it your own. But just remember to balance each piece."

When layering, assemble a look that has depth rather than simplicity. Stacking rings or bangles is a great way to build on

Pump Up Color and Texture

Color is taking center stage in refined versions of jewel tones. Accessories are a prime opportunity to incorporate a muted emerald or eggplant shade into your wardrobe. Look for suede versions of these colors in boots.

"We're seeing a lot of earthy colors for our handbags, in patent and distressed leathers," Ashley Adajar, manager of the South Barrington location of Francesca's Collections boutiques. "Brick reds, grays and mustards are all very popular."

Semi-precious stones and metals are available in subtle shades and every color of the spectrum. People are gravitating toward colored stones as a more affordable alternative to diamonds.

"Color in jewelry is very hot right now," Kogan says. "Rose

to colder weather as faux fur peeks out of handbags. Display subtle tufts of animal fur from beneath the folds of leathers.

Rock and Roll Edge

Stylists of all ages will appreciate the subtle nod to '80s-inspired rocker trends on handbags and shoes. Look for grommets galore and plenty of stud-ding to add accent hardware.

Nature's Whimsy

From pendants to broaches, sprightly critters are popping up on accessories. The bumblebee is the hottest creature, but the butterfly and the ladybug can also be found. Also popular are flowers with delicate bejeweled petals and precious stone centers.

Eve's Signs of Civilization series of jewelry includes one-of-a-kind pieces with natural elements such as dinosaur bone and onyx.

"Pendants with interest like bone are great for expressing who you are, and amulets are another way of layering on personality," says Alfile, whose mother has a background in archaeology.



Stylists of all ages will appreciate the subtle nod to 1980s-inspired rocker trends on handbags and shoes.

previously owned items with new touches. For necklaces, combine thick and thin strands or alternate lengths.

Diane Alfile, a jewelry designer and the owner's daughter at Evanston's Eve J. Alfile Gallery and Studio, considers necklaces that contrast with one another an excellent way to achieve balance and stay on trend.

"Combining similar color families with jewels like citrines, or even twisting several necklaces together, creates a fresh new look," Alfile adds.

gold is very in, and even the stones themselves are coming out in variations of colors. No longer do you have just amethyst but there's shades. Even green amethyst."

For shoes, purses and other accents, animal prints are back. Now more than ever, the prints are decidedly unobtrusive in complimentary colors and rich textures that suit even the most conservative dresser. Mock-croc and python are two of the most widespread prints.

Spring's trend of turquoise-flecked peacock feathers translates

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Recycle and Rediscover Looks

As it might not be the time to shop for over-the-top jewelry, a trend toward reusing heirloom pieces or melting down previously owned metals to create a trend-worthy new piece has spurred.

Kogan cites an old tennis bracelet as the perfect item to reuse. The salvaged jewels can create several stacked rings or hoop earrings with jeweled drops.

Consider functionality when purchasing your one statement piece.

"You're seeing a practical side to jewelry in the sense that you can wear pieces more than one way," Alfile says. "Customers are looking for something to wear with everything they own."

The level of personalization and adaptable style we're seeing might mean a wardrobe update is easy with the right accessories. • PP

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see & be seen

Glamorama

Macy's Glamorama 2009 will take place at the Chicago Theatre tomorrow, Friday, Aug. 21, at 8 pm. The headliners are singer and songwriter Ne-Yo and jazz trio The New Standards.

"This year's Glamorama event is extremely special as it marks our first year to partner with the Ronald McDonald House Charities of Chicagoland and Northwest Indiana," says Mike Dervos, regional director of stores, Macy's north region. "We're proud to support this wonderful organization and its efforts to build the world's largest Ronald McDonald House, right here in Chicago."

The fusion of style, music, art and cuisine make for a unique evening featuring creative combinations of colors, patterns, textures, shapes and trends. City sophisticate, punk princess and classic cowboy harmoniously create a stylishly chic scene. This uly choreographed runway show will raise the bar of technology with motion controlled high-resolution screens, full proscenium projections and an incredible rainfall effect. • PP

continued from page 1

Leather everything

It's all about leather. From the motorcycle jacket to the must-have pencil skirt to pants to leggings, work leather in new ways.

Salinger says throwing on a leather jacket over a mini or cocktail dress is chic and adorable.

"Pair everything with your leather jacket. It's the middle jacket. It can go underneath your big fall coat. It can throw over a dress; dress it up or down," says Nicolette Prpa, owner of SHE Boutique in Highland Park. "It just really makes your outfit look cool."

Leathers can also be paired with bold studs, zippers and other bold metal embellishments, Schara says.

While the pencil skirt is a staple in any women's wardrobe, it's going to be a leather one this fall, Prpa says.

Power dressing

Salinger says think Samantha Jones from *Sex & The City: The Movie*: bright neon pink power suits paired with gold chains and jewel-toned skirts with structured tops.

Look for an exaggerated and manipulated shoulders with an inverted triangle, structured shape, which is unlike the square shape from the '80s,

Salinger says. Don't be afraid to show off the shoulder either. Salinger says it's a great way to add a bit of subtle sexiness.

A bold shoulder looks great in blazers, blouses and jackets that continue in the over-sized but fitted. They can be paired with structured pieces underneath.

Prpa says you'll see leather patches, such as on the elbows, of the jacket.

Men, you're not excused from this category. You'll see some similar styling, especially fitted, skinnier suits with the return of the double-breasted suit and a more skinny, fitted professional look.

"Just because looks are getting skinner doesn't mean guys have to lose their rough edge," Salinger says. "Leathers a great way to keep it rough and manly."

Mad plaid

Western-inspired plaid will continue to be a staple in wardrobes.

"Look for bold plaid patterns in outerwear and dresses," Schara says. "A casual trend is the plaid button-down shirt paired back to skinny jeans."

Indulge

The economy might be in bad shape but that doesn't mean your wardrobe has to be. This season is

about being opulent with rich fabrics. Pieces such as fur vests and jackets may cost a bit more but will be great investments that won't lose their style.

"[Fur is] an investment piece, and a piece you're going to wear and hand it down," Golden says.

For risky fashionistas, the harem pant returns. Wear this pant with a very structured top, Salinger says. If the pant scares you, SHE Boutique carries a less exaggerated version.

Walk this way

Riding boots will be the most popular type of boot. Prpa says they'll go over the knee and be embellished with thick zippers.

Salinger says big platform boots and shoes will remain in style. Look for embellished shoes with studs, zippers and other metals.

Dress it up

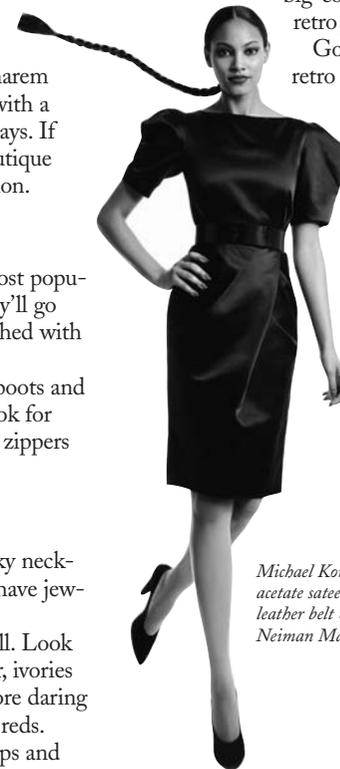
"It's all about the big chunky necklaces," Golden says. "A must-have jewelry piece for the fall."

Big handbags return, as well. Look for muted colors such as silver, ivories and blacks, Prpa says. The more daring should try brighter pinks and reds.

When the temperature drops and fur isn't an option, enveloping,

menswear-inspired coats made the runways. Take heed: The look doesn't work on everyone.

Salinger suggests browsing thrift shops to obtain the '80s big-coat look or for retro jewelry pieces. Golden offers less retro coats that are quilted from Moncler, which may be more practical for some. • PP



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